



KO United Soccer COVID SAFETY FAQs — July 2020

SAFETY PROCEDURES

What is the health check?

The health check is a screening that all parents/guardians must complete and submit before each practice your child(ren) attend. There will be NO exceptions. If it is not completed and submitted your child will not be permitted to participate that day and must be taken home. The health checks will be submitted using a Google Form. Parents will need to click on the link to **your coach's specific** Google Form, answer a few questions and take the temperature of your child(ren). The link to the Google Form is: **(TBD - form link here).**

Will temperatures be taken at the field?

Yes. Once a player arrives to the practice, they will have their **temperature taken** to ensure nothing has changed since the health check was submitted. Since an on-field screening is required, we ask that parents **do not drop off** and leave their child at the practice until they have been screened and are approved to practice. If a temperature of **99.5 or higher is registered, the player will not be able to practice** and will need to immediately return home with their parent.

What other safety precautions are being taken?

For more safety precautions and guidelines, please review the KO United COVID Plan. This Plan can be found on our website under the new COVID Resource Center tab. There is a Parent section and a Player section within this document, but please review the plan in its entirety. At this time, there is no allowance for any deviation from the process listed in our plan. There is also a short video from the CDC on that website page that we encourage all players to watch.

Will the coach wear a mask?

Coaches will be wearing masks/face shields unless engaged in strenuous physical/aerobic activity.

Will the players wear masks?

Players, at this time will not be required to wear masks to practice. It is highly recommended that they wear a mask to and from the car for heightened safety during the check in process. Social distancing will be used whenever possible.

When and how will players, and coaches, clean their hands?

Hand washing will be done before the start of practice, during breaks as appropriate, at the end of practice, and any other time the coach deems it is needed. Hand washing will be done at portable stations provided by KO United. A hand drying towel will be provided. Children may bring their own towel and/or hand sanitizer with them.



How will travel out of state or to COVID “hotspots” be handled?

Any coaches/players that travel out of state or to locations identified as COVID “hotspots” are expected to quarantine themselves according to the Allegheny County Health Dept. recommendations.

“Upon return from your trip it is strongly recommended you quarantine for 14 days. If that is not possible, an alternative is to get tested twice at least 48 hours apart to reduce the chance of false negative tests. If only one test is possible, wait at least 4 days from your return to get tested.”

https://www.alleghenycounty.us/uploadedFiles/Allegheny_Home/Health_Department/Resources/COVID-19/Docs/0703%20Guidance%20for%20Travelers.pdf

EQUIPMENT

What will my player need to bring to practice and games?

No pinnies will be used. Inhouse players will be given a reversible jersey to keep for the season and use at all team sessions. Travel players will need to bring two shirts, one light and one dark, to each session. Other supplies needed are: cleats, shin guards, soccer ball, water bottle, towel (optional), sanitizer (optional), gloves (optional). Please make sure your player(s) has plenty of water. Players are not permitted to share and there will not be extra water at the fields.

FACILITIES

Will there be restroom facilities at practices?

No. Restroom facilities will not be available until further notice. Please make sure to remember to address this biological need before leaving for practice.

Will there be a drinking fountain?

No. Please make sure your player(s) has plenty of water. Water is not permitted to be shared. We will not have water facilities at the fields.

Will there be concessions for in-house games?

No. There will be no concessions, or sharing a team snack, until further notice.

General

How will Soccer be played this season?

Unless there are additional restrictions that are mandated by PA West, Allegheny County or the state, soccer this season will be played “normally” as it has been played in the past. This means that KOU teams will play games against their usual community teams. Inhouse teams will play teams within the neighboring communities of Dormont, Castle Shannon and Green Tree. Travel teams will play games against other communities within southwest PA. COVID safety measures will be in effect as specified in our protocol to the fullest extent possible.